



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Gräfe, Ricarda**

Club: SG LVB Leipzig

Number: 147

Course: 9.67 km

10 km-Lauf

Category:

Frauen W20

Total time: 50:26

Speed: 10.71 km/h

Running performance: 5:13 min/km

Rank in course/Total: 174 (of 265)

Rank in course/Women: 22 (of 71)

Best time in course: 37:42

Rank in category: 4(of 12)

Best time in the category: 44:17