



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Claus, Gabriele**

Club: LC Auensee Leipzig

Number: 123

Course: 9.67 km

10 km-Lauf

Category:

Frauen W55

Total time: 50:47

Speed: 10.63 km/h

Running performance: 5:15 min/km

Rank in course/Total: 176 (of 265)

Rank in course/Women: 23 (of 71)

Best time in course: 37:42

Rank in category: 2(of 5)

Best time in the category: 50:17