



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Kayser, Oliver**

Club: Leipzig

Number: 387

Course: 9.67 km

10 km-Lauf

Category:

Männer M30

Total time: 50:53

Speed: 10.61 km/h

Running performance: 5:16 min/km

Rank in course/Total: 178 (of 265)

Rank in course/Men: 154 (of 194)

Best time in course: 32:34

Rank in category: 26(of 29)

Best time in the category: 32:34