



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Lohmann, Jürgen

Club: Geringswalde

Number: 365

Course: 9.67 km

10 km-Lauf

Category:

Männer M60

Total time: 51:05

Speed: 10.57 km/h

Running performance: 5:17 min/km

Rank in course/Total: 180 (of 265)

Rank in course/Men: 155 (of 194)

Best time in course: 32:34

Rank in category: 6(of 7)

Best time in the category: 39:58