



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Schallehn, Detlev

Club: VS

Number: 378

Course: 9.67 km

10 km-Lauf

Category:

Männer M45

Total time: 51:39

Speed: 10.45 km/h

Running performance: 5:20 min/km

Rank in course/Total: 187 (of 265)

Rank in course/Men: 159 (of 194)

Best time in course: 32:34

Rank in category: 18(of 20)

Best time in the category: 36:56