



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Creutzmann, Achim

Club: LC Auensee Leipzig

Number: 124

Course: 9.67 km

10 km-Lauf

Category:

Männer M55

Total time: 52:34

Speed: 10.27 km/h

Running performance: 5:26 min/km

Rank in course/Total: 198 (of 265)

Rank in course/Men: 168 (of 194)

Best time in course: 32:34

Rank in category: 6(of 8)

Best time in the category: 41:26