



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Thomas, Sylke**

Club: SV 1916 Beuna

Number: 290

Course: 9.67 km

10 km-Lauf

Category:

Frauen W35

Total time: 52:41

Speed: 10.25 km/h

Running performance: 5:27 min/km

Rank in course/Total: 199 (of 265)

Rank in course/Women: 31 (of 71)

Best time in course: 37:42

Rank in category: 4(of 9)

Best time in the category: 37:42