



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Sommerer, Salvör

Club: BSV Leipzig Mitte

Number: 283

Course: 9.67 km

10 km-Lauf

Category:

Frauen W40

Total time: 53:13

Speed: 10.15 km/h

Running performance: 5:30 min/km

Rank in course/Total: 207 (of 265)

Rank in course/Women: 35 (of 71)

Best time in course: 37:42

Rank in category: 6(of 13)

Best time in the category: 40:31