



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Göde, Angela

Club: BSV AOK Leipzig e.V.

Number: 143

Course: 9.67 km

10 km-Lauf

Category:

Frauen W50

Total time: 54:22

Speed: 9.93 km/h

Running performance: 5:37 min/km

Rank in course/Total: 211 (of 265)

Rank in course/Women: 36 (of 71)

Best time in course: 37:42

Rank in category: 5(of 9)

Best time in the category: 44:23