



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Richter, Beate

Club: LC Auensee Leipzig

Number: 248

Course: 9.67 km

10 km-Lauf

Category:

Frauen W40

Total time: 55:33

Speed: 9.72 km/h

Running performance: 5:44 min/km

Rank in course/Total: 219 (of 265)

Rank in course/Women: 42 (of 71)

Best time in course: 37:42

Rank in category: 8(of 13)

Best time in the category: 40:31