



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Münch, Uwe

Club: SV Lok Nordost Leipzig

Number: 386

Course: 9.67 km

10 km-Lauf

Category:

Männer M50

Total time: 56:06

Speed: 9.63 km/h

Running performance: 5:48 min/km

Rank in course/Total: 221 (of 265)

Rank in course/Men: 178 (of 194)

Best time in course: 32:34

Rank in category: 14(of 14)

Best time in the category: 37:00