



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Riedel, Immo

Club: BSV AOK Leipzig e.V.

Number: 252

Course: 9.67 km

10 km-Lauf

Category:

Männer M55

Total time: 56:18

Speed: 9.59 km/h

Running performance: 5:49 min/km

Rank in course/Total: 222 (of 265)

Rank in course/Men: 179 (of 194)

Best time in course: 32:34

Rank in category: 8(of 8)

Best time in the category: 41:26