



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Panzer, Stefan

Club: SC DHFK Leipzig

Number: 384

Course: 9.67 km

10 km-Lauf

Category:

Männer M40

Total time: 56:25

Speed: 9.57 km/h

Running performance: 5:50 min/km

Rank in course/Total: 223 (of 265)

Rank in course/Men: 180 (of 194)

Best time in course: 32:34

Rank in category: 34(of 37)

Best time in the category: 32:46