



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Riedel, Katrin

Club: BSV AOK Leipzig e.V.

Number: 253

Course: 9.67 km

10 km-Lauf

Category:

Frauen W45

Total time: 56:56

Speed: 9.48 km/h

Running performance: 5:53 min/km

Rank in course/Total: 226 (of 265)

Rank in course/Women: 44 (of 71)

Best time in course: 37:42

Rank in category: 8(of 10)

Best time in the category: 41:22