



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Becker, Rolf

Club: SC DHfK Leipzig

Number: 110

Course: 9.67 km

10 km-Lauf

Category:

Männer M60

Total time: 57:47

Speed: 9.35 km/h

Running performance: 5:59 min/km

Rank in course/Total: 230 (of 265)

Rank in course/Men: 184 (of 194)

Best time in course: 32:34

Rank in category: 7(of 7)

Best time in the category: 39:58