



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Pilarski, Ulrike**

Club: BSV AOK Leipzig e.V.

Number: 232

Course: 9.67 km

10 km-Lauf

Category:

Frauen W40

Total time: 59:00

Speed: 9.15 km/h

Running performance: 6:06 min/km

Rank in course/Total: 232 (of 265)

Rank in course/Women: 47 (of 71)

Best time in course: 37:42

Rank in category: 10(of 13)

Best time in the category: 40:31