



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

Oehmigen, Sabine

Club: Leipzig

Number: 227

Course: 9.67 km

10 km-Lauf

Category:

Frauen W45

Total time: 1:00:12

Speed: 8.97 km/h

Running performance: 6:14 min/km

Rank in course/Total: 237 (of 265)

Rank in course/Women: 52 (of 71)

Best time in course: 37:42

Rank in category: 9(of 10)

Best time in the category: 41:22