



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Hönig, Kerstin

Club: BSV AOK Leipzig e.V.

Number: 162

Course: 9.67 km

10 km-Lauf

Category:

Frauen W45

Total time: 1:00:21

Speed: 8.95 km/h

Running performance: 6:14 min/km

Rank in course/Total: 239 (of 265)

Rank in course/Women: 54 (of 71)

Best time in course: 37:42

Rank in category: 10(of 10)

Best time in the category: 41:22