



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Köhler, Ines

Club: BSV AOK Leipzig e.V.

Number: 314

Course: 9.67 km

10 km-Lauf

Category:

Frauen W40

Total time: 1:02:12

Speed: 8.68 km/h

Running performance: 6:26 min/km

Rank in course/Total: 250 (of 265)

Rank in course/Women: 62 (of 71)

Best time in course: 37:42

Rank in category: 12(of 13)

Best time in the category: 40:31