



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Noack, Katja**

Club: Hohburg

Number: 362

Course: 9.67 km

10 km-Lauf

Category:

Frauen W30

Total time: 1:04:55

Speed: 8.32 km/h

Running performance: 6:43 min/km

Rank in course/Total: 258 (of 265)

Rank in course/Women: 68 (of 71)

Best time in course: 37:42

Rank in category: 6(of 6)

Best time in the category: 43:53