



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Scheibner, Manfred**

Club: SG Olympia 1896 Leipzig

Number: 260

Course: 9.67 km

10 km-Lauf

Category:

Männer M70

Total time: 1:13:08

Speed: 7.38 km/h

Running performance: 7:34 min/km

Rank in course/Total: 264 (of 265)

Rank in course/Men: 193 (of 194)

Best time in course: 32:34

Rank in category: 6(of 6)

Best time in the category: 41:24