



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

Urban, Patrick

Club: Volksbank Leipzig

Number: 408

Course: 4.83 km

Fitnesslauf

Category:

Männer

Total time: 24:40

Speed: 9.73 km/h

Running performance: 5:07 min/km

Rank in course/Total: 6 (of 20)

Rank in course/Men: 5 (of 12)

Best time in course: 20:01

Rank in category: 5(of 12)

Best time in the category: 20:01