



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

Urban, Enrico

Club: Leipzig

Number: 415

Course: 4.83 km

Fitnesslauf

Category:

Männer

Total time: 25:20

Speed: 9.47 km/h

Running performance: 5:14 min/km

Rank in course/Total: 7 (of 20)

Rank in course/Men: 6 (of 12)

Best time in course: 20:01

Rank in category: 6(of 12)

Best time in the category: 20:01