



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Michalke, Monique

Club: Leipzig

Number: 419

Course: 4.83 km

Fitnesslauf

Category:

Frauen

Total time: 30:02

Speed: 7.99 km/h

Running performance: 6:13 min/km

Rank in course/Total: 13 (of 20)

Rank in course/Women: 4 (of 8)

Best time in course: 23:05

Rank in category: 4(of 8)

Best time in the category: 23:05