



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Richter, Jörg**

Club: LG eXa Leipzig e. V.

Number: 499

Course: 9.67 km

10 km-Lauf

Category:

Männer M30

Total time: 32:34

Speed: 16.58 km/h

Running performance: 3:22 min/km

Rank in course/Total: 1 (of 265)

Rank in course/Men: 1 (of 194)

Best time in course: 32:34

Rank in category: 1(of 29)

Best time in the category: 32:34