



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Giebel, Jörg

Club: SC DHfK Leipzig

Number: 141

Course: 9.67 km

10 km-Lauf

Category:

Männer M40

Total time: 32:46

Speed: 16.48 km/h

Running performance: 3:23 min/km

Rank in course/Total: 4 (of 265)

Rank in course/Men: 4 (of 194)

Best time in course: 32:34

Rank in category: 1(of 37)

Best time in the category: 32:46