



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Martin, Alexander**

Club: Team Speiche Leipzig

Number: 211

Course: 9.67 km

10 km-Lauf

Category:

Männer M20

Total time: 33:59

Speed: 15.89 km/h

Running performance: 3:31 min/km

Rank in course/Total: 5 (of 265)

Rank in course/Men: 5 (of 194)

Best time in course: 32:34

Rank in category: 2(of 31)

Best time in the category: 32:41