



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Ueberschär, Olaf

Club: LFV Oberholz

Number: 297

Course: 9.67 km

10 km-Lauf

Category:

Männer M20

Total time: 34:18

Speed: 15.74 km/h

Running performance: 3:33 min/km

Rank in course/Total: 6 (of 265)

Rank in course/Men: 6 (of 194)

Best time in course: 32:34

Rank in category: 3(of 31)

Best time in the category: 32:41