



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Witzenhausen, Patrick**

Club: Melexis Running Chips

Number: 364

Course: 9.67 km

10 km-Lauf

Category:

Männer M30

Total time: 35:19

Speed: 15.29 km/h

Running performance: 3:39 min/km

Rank in course/Total: 12 (of 265)

Rank in course/Men: 12 (of 194)

Best time in course: 32:34

Rank in category: 3(of 29)

Best time in the category: 32:34