



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Senger, Steffen**

Club: Leipzig

Number: 279

Course: 9.67 km

10 km-Lauf

Category:

Männer M35

Total time: 37:09

Speed: 14.54 km/h

Running performance: 3:50 min/km

Rank in course/Total: 24 (of 265)

Rank in course/Men: 24 (of 194)

Best time in course: 32:34

Rank in category: 7(of 28)

Best time in the category: 32:37