



## 7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

### Detailed evaluation

**Luft, Mike**

Club: LC Auensee Leipzig

Number: 347

Course: 9.67 km

10 km-Lauf

Category:

Männer M35

Total time: 37:52

Speed: 14.26 km/h

Running performance: 3:55 min/km

Rank in course/Total: 31 (of 265)

Rank in course/Men: 30 (of 194)

Best time in course: 32:34

Rank in category: 8(of 28)

Best time in the category: 32:37