



7. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 21.03.2009

Detailed evaluation

Graf, Roman

Club: Leipzig

Number: 388

Course: 9.67 km

10 km-Lauf

Category:

Männer M30

Total time: 38:28

Speed: 14.04 km/h

Running performance: 3:59 min/km

Rank in course/Total: 35 (of 265)

Rank in course/Men: 34 (of 194)

Best time in course: 32:34

Rank in category: 8(of 29)

Best time in the category: 32:34