



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

**Nowoczyn, Karin**

Club: SV Teutonia Riemke

Number: 5537

Course: 5.00 km

Nordic Walking

Total time: 48:18

Speed: 6.21 km/h

metres in height up: 99

Course score: 6.49

performance score: 40 Points