



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Kosmala, Kari

Club: Erler-Sportgemeinschaft e.V.

Number: 5564

Course: 5.00 km

Nordic Walking

Total time: 50:50

Speed: 5.90 km/h

metres in height up: 99

Course score: 6.49

performance score: 38 Points