



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Hilmi, Regina

Club: Erler-Sportgemeinschaft e.V.

Number: 5566

Course: 5.00 km

Nordic Walking

Total time: 51:23

Speed: 5.84 km/h

metres in height up: 99

Course score: 6.49

performance score: 38 Points