

4. Walk in Herne Herne / 22.03.2009

**Detailed evaluation** 

Jebram, Horst-Dieter

Club: Bochum Number: 5557

Course: 5.00 km Nordic Walking

Total time: 51:34 Speed: 5.82 km/h

metres in height up: 99 Course score: 6.49 performance score: 38 Points