



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Drees, Frank

Club: Koronarsportverein Distel-Walker

Number: 5539

Course: 5.00 km

Nordic Walking

Total time: 53:20

Speed: 5.63 km/h

metres in height up: 99

Course score: 6.49

performance score: 37 Points