



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Tschirner, Beate

Club: Koronarsportverein Distel-Walker

Number: 5522

Course: 5.00 km

Nordic Walking

Total time: 57:57

Speed: 5.18 km/h

metres in height up: 99

Course score: 6.49

performance score: 34 Points