



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Leßmöllmann, Björn

Club: Castrop-Rauxel

Number: 5504

Course: 5.00 km

Nordic Walking

Total time: 59:12

Speed: 5.07 km/h

metres in height up: 99

Course score: 6.49

performance score: 33 Points