



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Raffenberg, Michael

Club: TV Gut-Heil 1865 e.V. DO-Aplerbe

Number: 13074

Course: 13.00 km

Walking

Total time: 1:28:54

Speed: 8.77 km/h

metres in height up: 180

Course score: 15.70

performance score: 138 Points