



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

#### Lushtaku, Najasi

Club: Walking Treff Möhnesee

Number: 13059

Course: 13.00 km

Walking

Total time: 1:38:38

Speed: 7.91 km/h

metres in height up: 180

Course score: 15.70

performance score: 124 Points