



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Luhmann, Gerhard

Club: Welper

Number: 13516

Course: 13.00 km

Nordic Walking

Total time: 1:35:48

Speed: 8.14 km/h

metres in height up: 180

Course score: 15.70

performance score: 128 Points