



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

**Nowak, Ernst**

Club: TBS-Herne

Number: 5053

Course: 5.00 km

Walking

Total time: 40:21

Speed: 7.43 km/h

metres in height up: 99

Course score: 6.49

performance score: 48 Points