



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Schmitz, Monika

Club: LSF-Unna-2000

Number: 13536

Course: 13.00 km

Nordic Walking

Total time: 1:37:04

Speed: 8.04 km/h

metres in height up: 180

Course score: 15.70

performance score: 126 Points