



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Wendholt, Gerold

Club: body&soul Billerbeck

Number: 13625

Course: 13.00 km

Nordic Walking

Total time: 1:38:18

Speed: 7.93 km/h

metres in height up: 180

Course score: 15.70

performance score: 125 Points