



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Sander, Ingeborg

Club: Skigemeinschaft Ennepetal

Number: 13532

Course: 13.00 km

Nordic Walking

Total time: 1:41:28

Speed: 7.69 km/h

metres in height up: 180

Course score: 15.70

performance score: 121 Points