



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Beste, Karl J.

Club: Stadt Bochum Walking-Team

Number: 13552

Course: 13.00 km

Nordic Walking

Total time: 1:44:04

Speed: 7.50 km/h

metres in height up: 180

Course score: 15.70

performance score: 118 Points