



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Pothmann, Manfred

Club: ASV-Sendener Walking-Mäuse

Number: 13057

Course: 13.00 km

Walking

Total time: 1:49:07

Speed: 7.15 km/h

metres in height up: 180

Course score: 15.70

performance score: 112 Points