



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Speckbrok, Claudia

Club: T-V Horst-Emscher Nordstern -Wal
Number: 13105

Course: 13.00 km

Walking

Total time: 1:51:10

Speed: 7.02 km/h

metres in height up: 180

Course score: 15.70

performance score: 110 Points