



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Escher, Gaby

Club: TV Vörden

Number: 13634

Course: 13.00 km

Nordic Walking

Total time: 1:47:10

Speed: 7.28 km/h

metres in height up: 180

Course score: 15.70

performance score: 114 Points